

TELEPHONE LIST

ALATEEN MEETINGS ARE FOR ELIGIBLE MEMBERS AND ALATEEN GROUP SPONSOR

A Program Call between meetings is one of the useful tools of Al-Anon



FOR CURRENT MEETING INFORMATION, PLEASE VISIT OUR WEBSITE AT www.ncwsa.org/d15

- TUESDAY** Alameda 7:00 – 8:00 pm (+)
Home of Truth **NEW LOCATION**
1300 Grand Street
- WEDNESDAY** San Leandro 7:30 pm – 8:30 pm (+)
*St. Leander School, Savino Room
451 Davis St.**New location as of 12/05/07*
- THURSDAY** Hayward 7:30 pm – 8:30 pm (Y W)
Grace Lutheran Church
1836 "B" Street near Linden
parking in back, enter rear door

EAST BAY AL-ANON & ALATEEN FALL 2009 DISTRICT 15 MEETING DIRECTORY

If this schedule is more than 6 months old, please call the office to confirm the meeting. telephone 276-2270 (24 hours every day)

District 15 AFG Literature Distribution Center
 17259 Hesperian Boulevard Suites 4-5
 San Lorenzo, CA 94580
 Please call 276-2302 before visiting.
 Email address: ezduz@sbccglobal.net

Al-Anon Family Groups are a fellowship of wives, husbands, relatives and friends of problem drinkers (whether or not they are members of Alcoholics Anonymous) who share their experience, strength and hope in order to solve their common problems. We believe that alcoholism is a family illness and that changed attitudes can aid recovery.

Al-Anon is not affiliated with any sect, denomination, political entity, organization or institution, does not engage in any controversy, neither endorses nor opposes any cause. There are no dues or fees for membership. Al-Anon is self-supporting through its own contributions.

Al-Anon has but one purpose: to help families and friends of problem drinkers. Like AA, Al-Anon is an anonymous fellowship.

GET INVOLVED IN SERVICE!

District 15 Group Representatives meetings are on the third Saturday of every month, 9 to 11 am, at 451 Davis, St Leander School, San Leandro (basement, enter on Clarke at gate). Childcare available at this meeting if District Representative is notified 2 weeks before meeting.

District 15 AFG Donations Address: AFG D15, 17259 Hesperian Blvd Suites 4-5, San Lorenzo, CA 94580

NCWSA donations address: NCWSA Treasurer, PO Box 277771, Sacramento, CA 95827-7771

WSO donations address: AFG Inc, 1600 Corporate Landing Parkway, Virginia Beach, VA 23454-5617

SUBSCRIPTION INFORMATION

FORUM Magazine

mail \$11 for a one year subscription to AFG, Inc. 1600 Corporate Landing Parkway, Virginia Beach, VA 23454-5617; checks payable to AFG, Inc.

DISTRICT 15 EMAIL NEWSLETTER

If you wish to receive information on various events within District 15 via email, please contact: wedotwelve@123mail.net

ADDITIONAL AL-ANON/ALATEEN PHONE NUMBERS

- World Service 1-800-344-2666 till 4 pm EST
- West CC Co/Berkeley/Albany (D26) (510) 528-4379
- Central Contra Costa County (D14) (925) 932-6770
- Fremont/Union City/Newark (D17) (510) 276-2270
- Tri-Valley/Pleasanton/Livermore (D16) (925) 277-7661
- San Francisco (D12) (415) 626-5633
- Marin County (D11) (415) 455-4723
- No. SF Pen/Daly City-Millbrae (D25) (650) 873-2356
- Mid SF Pen/B'game-Palo Alto (D13) (650) 592-7935

ALCOHOLICS ANONYMOUS

Oakland Central Office (510) 839-8900

DISTRICT 15 MONTHLY MEETING

6 pm - Potluck, 7:30 pm - Speakers
 Last Saturday of each month
 Broadmoor Community Church
 301 Dowling Blvd @ Dutton
 San Leandro
 (parking across street in school yard)

CODES IN THIS DIRECTORY

- A** = adults with alcoholic parents
- B** = beginners meeting
- C** = childcare available
- D** = daytime meeting
- I** = institutions meeting
- S** = Spanish meeting
- W** = wheelchair access
- X** = simultaneous Al-Anon/AA meeting
- Y** = simultaneous Alateen/AA meeting
- +** = simultaneous Al-Anon/Alateen meeting

DEFINITIONS OF "OPEN" AND "CLOSED" MEETINGS

An "open" meeting may be attended by anyone interested in the effects of alcoholism on the family, including the general public and professional community.

A "closed" meeting is only for those considering membership or those who already have identified themselves as the relative or friend of problem drinkers.

All meetings are "open" except where noted.

SUNDAY

- S Oakland 8:30 am **Spanish**
Nuevo Despertar
1816 International Blvd.
- NEW** Oakland 4-5:15 pm
Meditation meeting
Piedmont Gardens (enter at 31 Linda – off Piedmont)
- D San Leandro 11:00 am
W Step Study (garage in back)
1403 - 164th Ave (Second Chance)

MONDAY

- Alameda 6:00 pm
Lutheran Church Room 209 (Upstairs)
1910 Santa Clara at Chestnut
- A Oakland 6:45 pm
+ Adult Children of Alcoholics AFG
St. Paul's Lutheran Church
1658 Excelsior Ave (MacArthur Diamond Distr)
(Children are welcome)
- S Oakland 7:00--8:30 pm **Spanish**
+ Nueva Vida GFA
1155 35th Avenue (knock on door)
- Piedmont 7:00 pm - 8:15 pm (closed)
Step-A-Month Club - Piedmont Comm. Church
400 Highland Ave / off Oakland Ave CHAPEL
(enter on Highland WAY-across from service station)
- W San Leandro 8:00 pm
B Beginners and Regular Meetings
All Sts. Episcopal Church - 911 Dowling Blvd.
- W San Lorenzo 8:00 pm - 9:00 pm
X Courage to Change Meeting
San Lorenzo Community Church Room 9
945 Paseo Grande

TUESDAY

- + Alameda 7:00 - 8:00 pm
Home of Truth
1300 Grand Street
(house in back of church)

TUESDAY (cont.)

- Castro Valley 7:30 - 8:30 pm
First Presbyterian Ch. of Hayward in Castro Valley
2490 Grove Way Room 15
(next to Trader Joe's)
- S Hayward 7:00 – 8:15 pm **Spanish**
Nueva Esperanza
Good Shepherd Lutheran Church
166 W. Harder Room 4
- D Oakland Noon - St. John's Episcopal Church
W 1701 Gouldin off Thornhill - Montclair District
- W Oakland 7:00 pm - Summit Medical Center
Providence Pavilion, 1st Floor Medical Staff Lounge
3100 Summit Street **Parking lot off 30th St.
(btw. Telegraph and Summit) is free after 6pm.
Use stairway to cut through to Summit Street.
MacArthur Bart shuttle goes to this location.

WEDNESDAY

- A Alameda 7:45 - 9:00 pm
Adult Children of Alcoholics AFG
Home of Truth
1300 Grand, at Alameda Ave
(house in back of church)
- W Castro Valley 6:30 pm
Courage to Change - room 5
United Methodist Church of Castro Valley
19806 Wisteria betwn Castro Vly Blvd & Somerset
- S Hayward 7:00 - 8:15 pm **Spanish**
Nueva Esperanza
Good Shepherd Lutheran Church
166 W. Harder Room 4
- + San Leandro 7:30 pm - 8:30 pm
NEW ROOM
Index Meeting (Courage to Change)
St. Leander School (Through gate off Clarke)
451 Davis St. *Downstairs stairway on right*

THURSDAY

- Alameda 8:00 pm
First Presbyterian Church
2001 Santa Clara Ave. at Chestnut
- Oakland 5:45 pm
Courage to Change
3989 Howe St (Howe Street Center) 40th & Howe

THURSDAY (cont.)

- S San Leandro 7:00 – 8:30 pm **Spanish**
Spanish Adult Children
(Corner of) West Estudillo at Carpentier
(Primary school Classrooms)
- D San Lorenzo 12:30 pm - Ala-Nooners
W Oromo-Christ Lutheran Church
100 Hacienda at Hathaway
(last bldg on left as you enter driveway)
- W San Lorenzo 7:30 pm - 9:00 pm
Oromo-Christ Lutheran Church
100 Hacienda at Hathaway
(last bldg on left as you enter driveway)

FRIDAY

- W Hayward 8:00 – 9:30 pm - New Beginnings
Grace Lutheran Church
1836 "B" Street near Linden
(parking lot in back, enter rear door)
- D Oakland 12:15 pm – “Holy Names”
Montclair Presbyterian Church
5701 Thornhill Dr. Thornhill Room
(NEW LOCATION)
- S Oakland 7:00--8:30 PM **Spanish**
+ Nueva Vida GFA
1155 35th Avenue (knock on door)
- Oakland 8:30 pm - Best is Yet to Come
4th Friday of month Newcomer Topic meeting
Fruitvale Presbyterian Church
2735 MacArthur Blvd. at Coolidge

SATURDAY

- S Oakland 8:30 am **Spanish**
Nuevo Despertar
1816 International Blvd.
- W Oakland 10:00 am
Guiding Hands
Kaiser CDRP, 2nd Floor, Room 4
969 Broadway
- Alameda 10:30-11:30 am
Saturday Morning Step Study – AFG
Park Street Center 1510 Oak Street
Enter through RED door- meeting is upstairs

**Current as of 10/01/09*