



## SUNDAY

Richmond 8:30 a.m. Sp  
Fortaleza y Amor  
929 23<sup>rd</sup> Street

El Cerrito 5:30 p.m. #50909 A  
Adult Children of Alcoholics  
The United Methodist Church  
6830 Stockton Ave

El Cerrito 7:00 p.m. (Closed\*) #61026 WH  
Sunday Night Traditional Al-Anon Family Group  
Christ Lutheran Church  
780 Ashbury Ave.

El Cerrito 7:15-8:15 PM  
Step Up! Step, Tradition, Concept Study  
El Cerrito United Methodist Church  
6830 Stockton Avenue,

## MONDAY

Berkeley 10:30 a.m. SF, WH  
Women only.  
Note: Children welcome.  
Calvary Presbyterian Church, 1940 Virginia St.

Berkeley 12 Noon #60204 SF, WH  
Women only. Brown Bag Meeting  
Note: Children welcome.  
Calvary Presbyterian Church, 1940 Virginia St.

Hercules 5:30 – 6:30 p.m. #501735  
Paths to Recovery Book Study  
Hercules Community Center  
Entrance opposite high school  
2001 Refugio Valley Road

Berkeley 6:00 p.m. #60126 A  
Adult Children of Alcoholics  
Ecumenical Center of Berkeley (formerly Unity of Berkeley)  
2401 Le Conte (entrance, Scenic Rd)  
\*\*\*Please note, door must be locked at 6:30 pm

Albany 8:15 – 9:15 p.m. #063266 WH  
Albany Men's AFG - Step & Tradition Mtg.  
St. Alban's Episcopal Church - Parish Hall Library  
1501 Washington Street @ Curtis

*\*An "Open" Meeting may be attended by anyone interested in Al-Anon. "Closed" meetings are for Al-Anon members and those wishing to become members. "The only requirement for membership is that there be a problem of alcoholism in a relative or friend." (Tradition Three)*

## TUESDAY

Richmond 12 noon – 1:00 p.m. #1449  
Neighborhood House of Richmond AFG  
820 23<sup>rd</sup> Avenue, corner of Garvin  
(Parking and entrance off Gaynor. Meeting room to the right.)

Berkeley, 12:10 p.m. – 1:00 p.m.  
Driveby University Avenue Step Study  
Lutheran Church of the Cross  
1744 University Ave, Rm 210

Berkeley, 8:00 p.m. – 9:30 p.m. #645  
Berkeley-Albany Tuesday Night AFG  
Northbrae Community Church, 2<sup>nd</sup> Floor  
941 The Alameda (near Solano, parking in rear; enter via stairs from parking lot)

## WEDNESDAY

Kensington 7:00 - 8:00 a.m. #30532010  
Wake Up To Al-Anon F G  
Wednesday mornings, 7-8 am  
Arlington Community Church in the Fireside Room  
52 Arlington Ave. (On #7 and H bus lines)

Berkeley 12:10 – 1:00 p.m. #50820 WH  
Step Study  
University of Calif. Berkeley, Oxford & Addison  
University Hall, Room 440  
Please open the door and walk in.

El Sobrante 7:00 p.m. (Closed\*) #877  
Wednesday Roundtable 12x12 Step Study  
El Sobrante United Methodist Church  
5151 Argyle Rd @ Appian Way  
NOTE: The Skiz 4 Serenity AIAteen meeting is held at the same time in the Fireside Room

San Pablo 7:30 p.m. – 8:30 p.m. #001446 Sp, AA  
Grupo Felicidad AFG  
MacArthur Community Baptist Church  
2301 Rumrill Road, San Pablo

## THURSDAY

Albany 9:30 a.m. #63136 SF, WH  
St Alban's Episcopal Church Parish Hall  
1501 Washington @ Curtis

Berkeley 1:30 p.m. #721 SF  
Northbrae Community Church  
941 The Alameda (near Solano)  
Enter from parking lot via stairs.

Berkeley 7:00 & 7:30 p.m. #49886 WH, B  
Beginners' Meeting 7:00 - 7:20 p.m.  
Old-timers AFG (everyone welcome) 7:30 - 8:30 p.m.  
St. John's Presbyterian Church, Room 212  
2727 College Avenue @ Garber  
Wheelchair access via elevator from basement parking

## FRIDAY

Berkeley 12 noon #60537 SF, WH  
Women Only  
Calvary Presbyterian Church, 1940 Virginia St.

Berkeley 6:00 – 7:00 p.m. #65796 AA, T  
Friday Night Faith and Fellowship AFG  
Step, Tradition & Concept Study  
Northbrae Community Church  
941 The Alameda (Upstairs in Room 2, nursery)

El Sobrante 7:00 p.m. #25983  
Tara Hills Friday Night Meeting  
El Sobrante Fellowship  
5161 Sobrante Avenue

Berkeley 7:30 p.m. #29680  
Breath of Fresh Air  
Northbrae Community Church  
941 The Alameda (near Solano, parking in rear)

## SATURDAY

Richmond 8:30 a.m. Sp  
Fortaleza y Amor  
929 23<sup>rd</sup> Street

El Sobrante 10:00 a.m. #50406 A  
Al-Anon Adult Children of Alcoholics  
El Sobrante Fellowship  
5161 Sobrante Avenue

Berkeley 11:00 a.m. #47941 WH  
Al-Anon Spoken Here: Step/Slogan/Tradition Meeting  
All Souls Episcopal Church  
2220 Cedar Street (at Spruce Street)  
Parish Hall, enter on Spruce Street

Berkeley 3:30 p.m. #45995 A  
Hope for Today, Al-Anon/ACA Family Group  
UC Berkeley's Newman Hall-Holy Spirit Parish  
2700 Dwight Way corner of Dwight & College Ave  
Enter the front doors and go left to the Gallery Room

El Cerrito 5:00 p.m. #30543314  
Al Anon Slogans  
United Methodist Church  
6830 Stockton Ave. @ Everett; Upstairs chapel - door on left

Richmond 6:30 p.m. – 7:30 p.m. #500852 WH, T  
Freedom from Despair (Newcomers welcome)  
Kaiser Hospital, 901 Nevin (at Harbor Way)  
Building C, 3<sup>rd</sup> Floor, Room F

*3<sup>rd</sup> Saturday of the month*  
Berkeley 1:30 – 3:00 pm  
District 26 Business Meeting – all welcome  
Lutheran Church of the Cross  
1744 University Ave, between McGee and Grant