

SUNDAY

Richmond 8:30 a.m. Sp
Fortaleza y Amor
929 23rd Street
#50909 A, NS
El Cerrito 5:30 p.m.
Adult Children of Alcoholics
The United Methodist Church
6830 Stockton Ave
El Cerrito 7:00 p.m. (Closed*) #61026 NS, WH
Sunday Night Traditional Al-Anon Family Group
Christ Lutheran Church
780 Ashbury Ave.

El Cerrito 7:15-8:15 PM
Step Up! Step, Tradition, Concept Study
El Cerrito United Methodist Church
6830 Stockton Avenue,

MONDAY

Berkeley 10:30 a.m. NS, SF, WH
Women only.
Note: Children welcome.
Calvary Presbyterian Church, 1940 Virginia St.
Berkeley 12 Noon #60204 NS, SF, WH
Women only. Brown Bag Meeting
Note: Children welcome.
Calvary Presbyterian Church, 1940 Virginia St.

Hercules 5:30 – 6:30 p.m. #501735
Paths to Recovery Book Study
Hercules Community Center
Entrance opposite high school
2001 Refugio Valley Road

Berkeley 6:00 p.m. #60126 A, NS
Adult Children of Alcoholics
Ecumenical Center of Berkeley (formerly Unity of Berkeley)
2401 Le Conte (entrance, Scenic Rd)
***Please note, door must be locked at 6:30 pm

Albany 8:15 – 9:15 p.m. #063266 NS, WH
Albany Men's AFG - Step & Tradition Mtg.
St. Alban's Episcopal Church - Parish Hall Library
1501 Washington Street @ Curtis

**An "Open" Meeting may be attended by anyone interested in Al-Anon. "Closed" meetings are for Al-Anon members and those wishing to become members. "The only requirement for membership is that there be a problem of alcoholism in a relative or friend." (Tradition Three)*

TUESDAY

Richmond 12 noon – 1:00 p.m. #1449 NS
Neighborhood House of Richmond AFG
820 23rd Avenue, corner of Garvin
(Parking and entrance off Gaynor. Meeting room to the right.)
Berkeley, 8:00 p.m. – 9:30 p.m. #645 NS
Berkeley-Albany Tuesday Night AFG
Northbrae Community Church, 2nd Floor
941 The Alameda (near Solano, parking in rear; enter via stairs from parking lot)

WEDNESDAY

Kensington, 7:00 - 8:00 a.m. #30532010
Wake Up To Al-Anon F G
Wednesday mornings, 7-8 am
Arlington Community Church in the Fireside Room
52 Arlington Ave. (On #7 and H bus lines)
Berkeley 12:10 – 1:00 p.m. #50820 NS WH
Step Study
University of Calif. Berkeley, Oxford & Addison
University Hall, Room 440
Please open the door and walk in.

El Sobrante 7:00 p.m. (Closed*) #877
Wednesday Roundtable 12x12 Step Study
El Sobrante United Methodist Church
5151 Argyle Rd @ Appian Way
NOTE: The Skiz 4 Serenity AIAteen meeting is held at the same time in the Fireside Room

San Pablo 7:30 p.m. – 8:30 p.m. #001446 NS, Sp, AA
Grupo Felicidad AFG
MacArthur Community Baptist Church
2301 Rumrill Road, San Pablo

THURSDAY

Albany 9:30 a.m. #63136 SF, WH
St Alban's Episcopal Church Parish Hall
1501 Washington @ Curtis

Berkeley 1:30 p.m. #721 NS, SF
Northbrae Community Church
941 The Alameda (near Solano)
Enter from parking lot via stairs.

Berkeley 7:00 & 7:30 p.m. #49886 NS, WH, B
Beginner's Meeting 7:00 - 7:20 p.m.
Old-timers AFG (everyone welcome) 7:30 - 8:30 p.m.
St. John's Presbyterian Church, Room 207
2727 College Avenue @ Garber
Wheelchair access via elevator from basement parking

FRIDAY

Berkeley 12 noon #60537 NS, SF, WH
Women Only
Calvary Presbyterian Church, 1940 Virginia St.

Berkeley 6:00 – 7:00 p.m. #65796 NS, AA, T
Friday Night Faith and Fellowship AFG
Step, Tradition & Concept Study
Northbrae Community Church
941 The Alameda (Upstairs in Room 2, nursery)

El Sobrante 7:00 p.m. #25983 NS
Tara Hills Friday Night Meeting
El Sobrante Fellowship
5161 Sobrante Avenue

Berkeley 7:30 p.m. #29680 NS
Breath of Fresh Air
Northbrae Community Church
941 The Alameda (near Solano, parking in rear)

SATURDAY

Richmond 8:30 a.m. Sp
Fortaleza y Amor
929 23rd Street

El Sobrante 10:00 a.m. #50406 A
Al-Anon Adult Children of Alcoholics
El Sobrante Fellowship
5161 Sobrante Avenue

Berkeley 11:00 a.m. #47941 NS, WH
Al-Anon Spoken Here: Step/Slogan/Tradition Meeting
All Souls Episcopal Church
2220 Cedar Street (at Spruce Street)
Parish Hall, enter on Spruce Street

Berkeley 3:30 p.m. #45995 A, NS
Hope for Today, Al-Anon/ACA Family Group
UC Berkeley's Newman Hall-Holy Spirit Parish
2700 Dwight Way corner of Dwight & College Ave
Enter the front doors and go left to the Gallery Room

El Cerrito 5:00 p.m. #30543314
Al Anon Slogans
United Methodist Church
6830 Stockton Ave. @ Everett; Upstairs chapel - door on left

Richmond 6:30 p.m. – 7:30 p.m. #500852 NS, WH, T
Freedom from Despair (Newcomers welcome)
Kaiser Hospital, 901 Nevin (at Harbor Way)
Building C, 3rd Floor, Room F

3rd Saturday of the month
Berkeley 1:30 – 3:00 pm
District 26 Business Meeting – all welcome
Lutheran Church of the Cross
1744 University Ave, between McGee and Grant