

ALATEEN

Alateen is a Twelve Step program for people under 21 years of age whose lives have been affected by someone else's drinking. Alateen groups set their own lower age limit and may include preteens.

MONDAY

Berkeley 3:45-4:45 p.m.
YMCA-PG&E Teen Center
2111 MLK Jr Way (corner of Center St.)

WEDNESDAY

El Sobrante Skilz 4 Serenity 7:00 p.m. #30502688 WH
El Sobrante United Methodist Church
5151 Argyle Rd @ Appian Way
NOTE: Al-Anon meeting same time in same building

Please help start Alateen groups! To apply for Alateen Sponsorship Candidacy, contact the District Representative, either by mail at the PO Box, or e-mail charlid@pacbell.net to receive an application.

CODES USED IN THIS DIRECTORY

#	indicates WSO group registration #
A	Al-Anon Adult Children of Alcoholics
AA	simultaneous Alcoholics Anonymous meeting
AFG	Al-Anon Family Group(s)
Ch	Childcare available
SF	Scent Free
Sp	Spanish Speaking
T	Simultaneous Alateen
WH	Wheelchair access

CONTACT LIST

A program call between meetings is one of the tools of Al-Anon/Alateen. Write names and numbers of members you may wish to call here.

This schedule changes frequently. To be sure you have up-to-date meeting information, please check the District 26 web site, www.ncwsa.org/d26

Call (510) 528-4379

- to have the current schedule of meetings mailed to you
- to have an Al-Anon member call you (press 2#)
- to volunteer to return phone calls
- to help with office work
- to volunteer for Alateen group sponsorship

ALTHOUGH WE DO NOT ALWAYS HAVE VOLUNTEERS TO ANSWER OR RETURN YOUR CALL IMMEDIATELY, WE CARE ABOUT YOU. THE QUICKEST WAY TO FIND SOMEONE TO TALK TO IS TO ATTEND A MEETING.

District 26 Business Meeting - all welcome
3rd Saturday of the month
Berkeley 1:30 – 3:00 p.m.
Lutheran Church of the Cross
1744 University Ave, between McGee and Grant

GROUPS! Send any changes to this schedule, in writing, to:
District 26 AFG
P. O. Box 8175
Berkeley, CA 94707

We will update the District's records and forward your changes to NCWSA and WSO. If your group has a form, please use it. Schedule changes **ONLY** can be emailed to:
afgd26_board@yahoo.com

Al-Anon Meeting Information

Marin	(415) 455-4723
Oakland -	(510) 276-2270
Hayward/Fremont	
San Francisco	(415) 626-5633
Central Contra Costa	(925) 932-6770
Tri Valley	(925) 277-7661
Hispanic Groups	(650) 794-9654
Phone Meetings	(712) 432-8733
	access code 52639#
	www.alanonphonemeetings.org
Online Groups	http://www.ola-is.org
WSO	http://www.alanon-alateen.org
No.CA WSA	http://www.ncwsa.org

In the spirit of cooperation rather than affiliation, how to reach Alcoholics Anonymous:

AA Oakland Office	(510) 839-8900
AA of Contra Costa	(925) 939-4155
AA of San Francisco	(415) 621-1326

Al-Anon World Service Office (WSO)

To locate a meeting	1-888-425-2666
Other business	1-757-563-1600



District 26 Al-Anon/Alateen Information Services
serving communities in West Contra Costa,
Berkeley and Albany

MEETING DIRECTORY Winter 2011-12

(as of 12/21/2011)

NOTE: For most up-to-date meeting information please check on www.ncwsa.org/d26

District 26 AFG
P.O. Box 8175
Berkeley, CA 94707
(510) 528-4379
www.ncwsa.org/d26
d26alanon@gmail.com

"The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery."

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SUNDAY

Richmond 8:30 a.m. Sp
Fortaleza y Amor
929 23rd Street

El Cerrito 5:30 p.m. #50909 A

Adult Children of Alcoholics
New location:
Trinity Evangelical Free Church
7200 Schmidt Lane
Park in lot (driveway is on Schmidt), walk down ramp on west side (bay side)

El Cerrito 7:00 p.m. (Closed*) #61026 Wh

Sunday Night Traditional AFG
Christ Lutheran Church
780 Ashbury Ave.

El Cerrito 7:15 p.m. Wh, Open

Step Up! AFG Book Study
New location:
Trinity Evangelical Free Church
7200 Schmidt Lane

MONDAY

Berkeley 10:30 a.m. # 30565560 SF, Wh
Morning Light Women's Meeting, Children welcome.
Calvary Presbyterian Church, 1940 Virginia St.

Berkeley 12 Noon #60204 SF, Wh, Ch

Women's Brown Bag Lunch Meeting
Children welcome.
Calvary Presbyterian Church, 1940 Virginia St.

Hercules 5:30 - 6:30 p.m. #501329

Paths to Recovery Book Study
Hercules Community Center
Entrance opposite high school 2001 Refugio Valley Road

Berkeley 6:00 p.m. #60126 A

Adult Children of Alcoholics
Student Center, Room 5
(Ecumenical Center complex)
2401 Le Conte (on right side of small courtyard)
Entrance is on Le Conte
***Door must be locked at 6:30 p.m.

Albany 8:15 p.m. - 9:15 p.m. #063266 Wh

Albany Men 's AFG -Step &Tradition Mtg.
St. Alban's Episcopal Church - Parish Hall Library
1501 Washington St. @ Curtis

*An "Open" Meeting may be attended by anyone interested in Al-Anon. "Closed" meetings are for Al-Anon members and those wishing to become members. "The only requirement for membership is that there be a problem of alcoholism in a relative or friend." (Tradition Three)

TUESDAY

Richmond 12:00 p.m. - 1:00 p.m. #01449
Neighborhood House of Richmond AFG
820 23rd Avenue, corner of Garvin
(Parking and entrance off Gaynor. Meeting room to the right.)

Berkeley 12:10 p.m. - 1:00 p.m.

Driveby University Avenue Step Study
Lutheran Church of the Cross
1744 University Ave. Room 210
(no disabled access)

Berkeley 7:30 & 8 - 9:30 p.m. #645

Beginner's Meeting, 7:30 - 7:50 p.m. followed by
Berkeley-Albany Tuesday Night AFG
Northbrae Community Church (2nd floor)
941 The Alameda (near Solano)
Parking in rear; enter by stairs from parking lot.

WEDNESDAY

Kensington 7 - 8:00 a.m. #30532010

Wake Up To Al-Anon
Kensington Community Center
59 Kensington Park Rd. above the Arlington
Parking next to the building; (On the #7 and H bus lines)

Berkeley 12:10 - 1:00 p.m. #50820 Wh

Step Study
University of Calif. Berkeley, Oxford & Addison
University Hall, Room 440
Please open door & walk in.

El Sobrante 7:00 p.m. (Closed*) #877 T, Wh

Wednesday Roundtable 12x12 Step Study
El Sobrante United Methodist Church
5151 Argyle Rd @Appian Way
NOTE: **Skilz 4 Serenity** Alateen meets at same time

San Pablo 7:30 - 8:30 p.m. #001446 Sp, AA

Grupo Felicidad AFG
MacArthur Community Baptist Church
2301 Rumrill Rd, San Pablo

THURSDAY

Albany 9:30 a.m. #63136 SF, Wh

St Alban's Episcopal Church - Parish Hall
1501 Washington St. @ Curtis.

Berkeley 1:30 - 2:30 p.m. #721 B

Northbrae Community Church (2nd floor)
941 The Alameda (near Solano)
Parking in rear; enter by stairs from parking lot.

Berkeley 7 - 7:20 & 7:30 p.m. #49886 Wh, B

Beginner's Meeting 7 - 7:20 p.m. followed by
Old-timers AFG (everyone welcome) 7:30 - 8:30
St. John's Presbyterian Church, Room 212
2727 College Ave @ Garber.
Wheelchair access via elevator from basement parking.
(same *room* as before, but room *number* changed)

FRIDAY

Berkeley 12 Noon #60537 SF, Wh
Women's Brown Bag Lunch Meeting
Children welcome.
Calvary Presbyterian Church, 1940 Virginia St.

Berkeley 6:00 - 7:00 p.m. #65796 AA SF

Friday Night Faith and Fellowship AFG
Step, Tradition and Concept Study
Northbrae Community Church
941 The Alameda Ave. (Upstairs in Rm. 2, nursery)

El Sobrante 7:00 p.m. #25983

Tara Hills Friday Night Meeting
El Sobrante Fellowship
5161 Sobrante Avenue

Berkeley 7:30 p.m. #29680

Breath of Fresh Air
Northbrae Community Church
941 The Alameda (near Solano, parking in rear)

SATURDAY

Richmond 8:30 a.m. Sp

Fortaleza y Amor
929 23rd Street

El Sobrante 10:00 a.m. #50406 A

Al-Anon Adult Children of Alcoholics
El Sobrante Fellowship
5161 Sobrante Avenue

Berkeley 11:00 a.m. #47941 Wh, Ch

Al-Anon Spoken Here: Step/Slogan/Tradition Meeting
All Souls Episcopal Church
2220 Cedar Street (at Spruce Street)
Parish Hall, enter on Spruce Street
Please, no animals except service animals

Berkeley 3:30 p.m. #45995 A, Wh

Hope for Today, Al-Anon/ACA Family Group
UC Berkeley's Newman Hall - Holy Spirit Parish
2700 Dwight Way, Corner of Dwight & College Ave.
Enter front doors and go left to the Gallery Room

El Cerrito 5:00 p.m. #30543314

Al-Anon Slogans
Trinity Evangelical Free Church
7200 Schmidt Lane (enter through parking lot in back)

Richmond 6:30 p.m - 7:30 p.m. #500852 Wh

Freedom from Despair (Newcomers welcome)
Kaiser Hospital, 901 Nevin (at Harbor Way)
Building C, 3rd Floor, Room F
Note: Speaker meeting 1st Saturday of each month

3rd Saturday of the month

Berkeley 1:30-3:00 p.m.
District 26 Business Meeting—all welcome
Lutheran Church of the Cross
1744 University Ave, between McGee and Grant