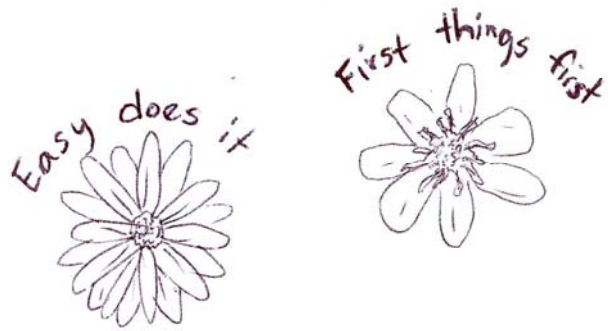
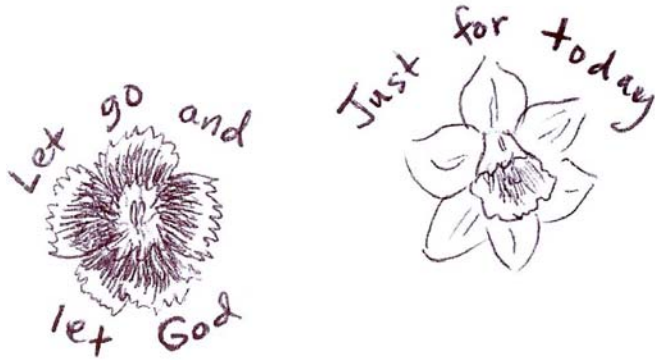


*Al-Anon Family Groups District 26  
Monthly Speaker Meeting*  
Experience, strength, and hope on  
the first Saturday of every month  
Open meeting—all are welcome!



# The Al-Anon Slogans

*Pick the ones that help your recovery bloom!*



Speakers:  
Al-Anon member **Chris**  
Alateen member **Danielle**  
and members of the  
new Al-Anon Slogans meeting

Saturday, Nov. 7, 2009

6:30-8 p.m.

*(come early for set-up and fellowship)*

Kaiser Permanente Richmond

Building C, 3<sup>rd</sup> floor, Conference Room F

*Finger-food potluck: Please bring some  
no-utensils-needed treats to share!*



**Directions:** The KP Richmond Medical Center is at 901 Nevin (at Harbour Way, near 9th and Macdonald). Take BART to the Richmond station and walk up Macdonald. Or from Hwy 580, take Harbour Way exit. Take Harbour Way north to Nevin and turn left. Park for free in the parking structure. (Note: This meeting abides by the NCWSA Requirement for Alateen Member Safety.)

For Al-Anon meeting schedules or to make copies of this flier, go to [www.ncwsa.org/d26](http://www.ncwsa.org/d26)