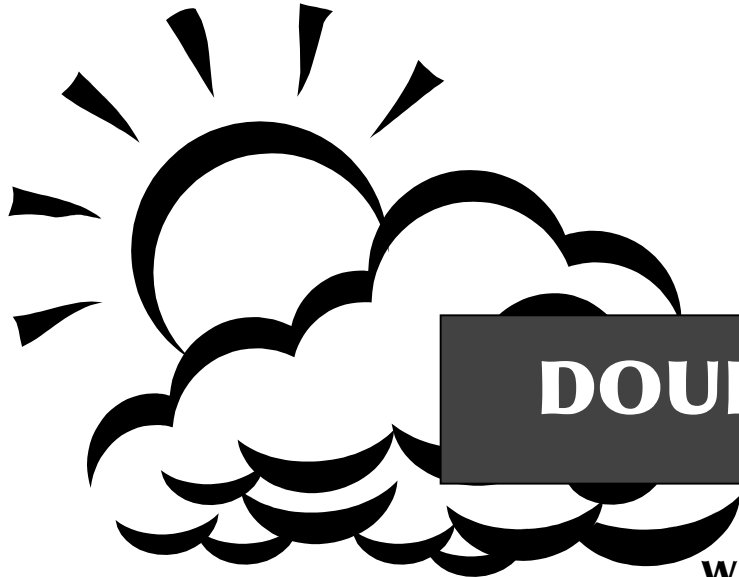


*Al-Anon Family Groups District 26
Monthly Speaker Meeting
Experience, strength, and hope
on the first Saturday of every month.*

Open meeting— all are welcome!



Both sides, now...

DOUBLE WINNERS

with speakers JEN and TONY.

Some Al-Anon members must face their own
addictions as well of those of families and friends...
they get twice the chances for a spiritual awakening, so we call them double winners.

Saturday, Feb. 6, 2010, 6:30 to 8 p.m.

(come early for set-up and fellowship)

Kaiser Permanente Richmond

Building C, 3rd floor, Conference Room F

*Finger-food potluck: Please bring some
no-utensils-needed treats to share!*

Directions: The KP Richmond Medical Center is at 901 Nevin (at Harbour Way, near 9th and Macdonald). Take BART to the Richmond station and walk up Macdonald. Or from Hwy 580, take Harbour Way exit. Take Harbour Way north to Nevin and turn left. Park for free in the parking structure. See you there!

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems.

To get more information or Al-Anon meeting schedules, you can call 510-528-4379
or go to www.northerncaliforniaal-anon.org/d26. Copies of this flyer are also available on the website.